



Bike Short Course:

Exit Transition –

WALK BIKE ACROSS BRIDGE

Enter **Pohaturoa Rd**

Right on **Nursery Road**

Left on **The Wash**

Right on **Recovery** – exit to the Water tap

Right on **Red Tank Road**

Right on **Nursery Road**

Left on **Pohaturoa Road**

WALK BIKE ACROSS BRIDGE

Enter Transition

RUN!